









### **BENEFITS**

- Supports the body's ability to adapt to stress\*
- Supports healthy circulation\*
- Supports stamina\*
- Alleviates motion sickness\*
- Promotes calmness

# Product Fact Sheet Ci Wu Jia

# A WARMING HERB THAT CAN HELP SUPPORT BONES, JOINTS, STAMINA, AND THE IMMUNE SYSTEM.

For over 2,000 years, Ci Wu Jia has been used in traditional Chinese medicine, where it is valued as a bittersweet "warming herb." This single herb traditionally has been used in various tonics and beverages for its adaptogenic (normalizing) effects on the bones and joints.\* Other adaptogenic effects include supporting resistance to environmental stress, such as exposure to high temperatures and conditions that cause motion sickness.\* It has long been used to aid circulation, support stamina and athletic performance, relieve sleeplessness, and support the immune system.\*

## PHILOSOPHY OF REGENERATION®

Sunrider's Ci Wu Jia dietary supplement is based on the Philosophy of Regeneration®—the belief that we should nourish and cleanse the body with expertly formulated, highly concentrated nutrition to reach balance, and thus, optimal health.

#### **INGREDIENT HIGHLIGHTS**

#### **ELEUTHEROSIDES**

This active chemical compound in Ci Wu Jia supports the immune system, helps alleviate general fatigue, and helps enhance physical and mental endurance.

# **FAQS**

- Q: What is an adaptogen?
- A: Ci Wu Jia is often called an "adaptogen." This is a nonmedical term used to describe substances that reportedly strengthen the body and increase general resistance to daily stress.\*

#### RECOMMENDATION

Take two capsules at mealtimes.

# www.sunrider.com

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.