













BENEFITS

- Aids in healthy digestion*
- Rich in antioxidants
- Good source of iron
- Relieves minor muscle soreness
- Supports healthy circulation*
- Cooling properties

Product Fact Sheet Dandelion Root

AIDS DIGESTION AND IS A GOOD SOURCE OF IRON

The Chinese have long believed that Dandelion Root has a "cooling" effect on the body's circulation. Traditionally, this single herb has been attributed with properties that act as a tonic to the stomach to help the digestive system and to relieve minor soreness in the muscles.* It also cools warm areas of the body and supports healthy muscle function.* Dandelion Root is a natural source of iron, flavonoids, and glycosides.

PHILOSOPHY OF REGENERATION®

Sunrider's Dandelion Root dietary supplement is based on the Philosophy of Regeneration®—the belief that we should nourish and cleanse the body with expertly formulated, concentrated nutrition to reach balance and thus, optimal health. This Dandelion Root is highly concentrated and rich in antioxidants for the best results.

INGREDIENT HIGHLIGHTS

DANDELION ROOT

Although considered a type of weed, this root has a long history of therapeutic use. Dandelion contains essential fatty acids, antioxidants, and phytonutrients, which help support the body's reduction of inflammation throughout the body.* This can help relieve minor pain and swelling.* It contains flavonoids, antioxidant plant metabolites that are one of the largest nutrient families available. It's also a rich source of iron, a key component of hemoglobin (a protein in blood that carries oxygen to all tissues and organs).

FAQS

- Q: What are cooling herbs?
- **A:** In traditional Chinese herbal medicine, it is believed that herbs with cooling properties help soothe by removing heat from certain parts of the body.

RECOMMENDATION

Take two capsules at mealtimes.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.