



# Product Fact Sheet

## NuPuffs®

### CRAVING SWEET? SEEKING SALTY? SNACK SMART WITH NUPUFFS®

Crunchy, satisfying, and flavorful, NuPuffs® provide a healthy snack alternative in a world full of junk food. Made from all-natural food sources such as raw herbs and coix fruit, each bite-size puff provides complex carbohydrates, protein, and antioxidants. And they contain three grams of GMO-free protein per serving. They come in delicious Cocoa, Cheese, and Apple-Cinnamon, flavors that satisfy every craving.



OWNER EXPERTISE FORMULATION



SELF-MANUFACTURED



MADE WITH NATURAL INGREDIENTS



HALAL CERTIFIED

### PHILOSOPHY OF REGENERATION®

Made with a base of nutrient powerhouse NuPlus®, and based on the Philosophy of Regeneration®, NuPuffs® feature a unique combination of plant-based ingredients that nourish, cleanse, and balance the body. A tasty, convenient, snack, NuPuffs® support optimal health and wellness with balanced nutrition, fiber, and antioxidants.

### INGREDIENT HIGHLIGHTS

#### CHINESE YAM

Also known as cinnamon vine, Chinese yam has energizing properties and addresses the spleen.

#### COIX FRUIT

This antioxidant-rich grain has twice the protein of rice. It can help promote digestion, weight loss, and diuresis.

#### FOX NUT

Cultivated for its edible seeds, fox nut is high in antioxidants and protein and a good source of fiber.

#### LOTUS ROOT

An excellent source of dietary fiber, lotus root slows the digestion of carbohydrates to keep the eater full longer. Also, lotus root aids circulation and contains a unique mix of vitamins, minerals, and phytonutrients.

### FAQS

**Q:** Why should I eat less sodium?

**A:** Often found in salty canned or snack foods, sodium can raise blood pressure, leading to heart disease. It also causes you to retain fluids and feel bloated.

**Q:** Is this a healthy snack for my whole family?

**A:** NuPuffs® don't have any hydrogenated oils, empty calories, and the high level of sodium commonly found in typical snack foods. What they do have are antioxidants, herbs, coix fruit, and complex carbohydrates—it's a snack you can always feel good about giving to your family.

### RECOMMENDATION

Enjoy NuPuffs® throughout the day. Eat them in place of chips, crackers, pretzels, popcorn, cookies, and other snacks.

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### BENEFITS

- Full of complex carbohydrates and micronutrients
- Contains coix fruit, a good source of antioxidants
- Good source of complete protein (GMO free)
- No chemical isolates, preservatives, or added sweeteners and fat
- Low in sodium
- Plant-based nutrients provide maximum nutrition