### PATIENT REGISTRATION FORM

Patient Information				
Last Name:	First Name:		Middle Name:	
Date of Birth:		Social Security Number:		
If Minor, Guardian Name and Rela	tion to Patient:			
<b>Gender Identity</b> :	o disclose 🔲 Ma		_	
		0	Male-Female	○ Female-Male
☐ Non-Binary  Preferred Pronouns: ☐ she, he	or hars $\square$ ha hi	m his Othov thom the	ire	od.
Preferred Profibulis. [] sile, fie	r, ners 🗀 ne, nii	in, nis Liney, them, the	ils 🗀 llot liste	eu
Preferred name :		(For bi	illing purposes th	e name listed on
your chart will be shown as your legal	name, but office st			
address you by your preferred name)				
Address:	Homeless	City:	State:	Zip Code:
Mailing Address if different:				
Maining Address if different.				
Primary Phone: ☐ Home ☐ Cell ( ) Alternate Phone: ☐ Home ☐ Cell ( )				
,	,			,
E-Mail Address:				
Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Seperated ☐ Widowed ☐ Other:				
Battana Battana				
Primary Language: Religion: Interpreter Needed: Yes No				
-		anic	Indian $\square$ Black	-African American
Asian-Pacific Islander Other:				
<b>Emergency Contact</b>				
Last Name, First Name:	Rela	tionship:	Phone Num	ber:
Employment			L	
Employment Status Student:	☐ Full-time ☐	Part-time	d Self	f-employed
☐ Employed:	☐ Full-time ☐	Part-time 🔲 Unem	ployed	
Employer Name:		Occupation:		
Employer Address:		Employer Phone:		
Pharmacy Information				
Name:	Address:		Phone Num	ber:

FOR MINORS, PLEASE BRING THEIR YELLOW IMMUNIZATION CARD EVERY VISIT

01/21/2025 Page **1** of **1** 

### **OFFICE FINANCIAL POLICIES**

Primary Insurance (Policy Holder) Information	☐ Self	
Insurance Name:	Subscriber Name:	
Subscribors Date of Birth:	Relation to patient:	
Subscriber ID:	Group Number:	
Secondary Insurance (Policy Holder) Information		
Insurance Name:	Subscriber Name:	
Subscribors Date of Birth:	Relation to patient:	
Subscriber ID:	Group Number:	
Tertiary, Prescription or Other Insurance Information (For prescription please include PCN and BIN)		
Responsible Party (Guarantor)	☐ Self	
Last Name, First Name:	Relationship:	
Date of Birth:	Social Security Number:	
Phone: Home Cell ( )		

The above information is complete and correct. I hereby authorize release of information necessary to file a claim with my insurance company. I assign benefits otherwise payable to me to Atiga Family Practice (*Rolando A Atiga, MD, A Professional Corp.*). Financing and financial assistance is available if needed, please speak with our office manager if you need to make arrangements for payment.

We need a copy of both the front and back of your all insurance cards on file in your chart, including your prescription coverage cards. If all the necessary information required to bill your insurance is not received, then your account will be managed the same as cash pay.

For those who are paying cash, unless arrangements have been made prior, payment must be paid in full at the time of service. Provider office visit for cash pay is \$100 and a nurse visit is \$25. For immunizations, procedures or other items please confirm charges with office staff prior to receiving services.

For Laser treatment services please ask a member of staff for pricing information and monthly specials.

All HMO patients must be assigned to either Dr. Rolando A. Atiga or Dr. John Feeney under Optum Southwest Valleys, Optum Beaver California Oaks, IEHP Direct, Molina Direct or Alphacare medical group at the time of service. If you are not assigned to our office, you will be responsible for the charges should your insurance deny payment. Please notify the office as soon as there is a change in your insurance coverage so we can bill correctly.

#### OFFICE FINANCIAL POLICIES

- I understand that I am financially responsible for all charges for medical services rendered regardless of insurance coverage.
- I understand that I am responsible for any office visit copayment, co-insurance or deductible and this amount is due at the time of service.
- I understand that I must immediately pay any amounts over 30 days past due by an insurance company.
- I understand that amounts over 90 days past due are subject to collection procedures which could include small claims court or a 1-12% service charge per month on the unpaid balance.
- If this account is assigned to an attorney for collection and/or suit, a copy of the signature is valid as the original. Accounts sent to a collection agency will include an additional \$25.00 transferring fee and proof of payment to the collection agency must be shown prior to additional services being rendered.
- If we bill an insurance company and is determined that you did not have coverage at the time of service being rendered you can pay \$125 office visit rate (cash pay amount plus an administrative fee for billing services). If this amount is not paid, then the full amount will be billed and sent to collections with the same fees as noted in the above statements.

Patient Name:		DOB:	
Signature: (By signing above I am acknov	vledging that I have read both	 page 1 an	Date: nd 2 of the Office Financial Policies
<i>If other than patient,</i> name of	the person signing:		
	Relation to patient:		

Payments can be made by:

- Calling the office with your payment information
- Online through your patient portal under "My Account" and "Current Statement"
- In office
- Mailing payment to: Atiga Family Practice- Billing, 25405 Hancock Ave, Ste 105, Murrieta, CA 92562

### **OFFICE POLICIES**

### **Appointments:**

- New patients are required to complete and return their new patient packets to our office prior to being scheduled. Once your forms are received by the office, a member of staff will contact you to schedule your appointment.
- Patients are required to be in our office 15 minutes prior to their scheduled appointment time. This allows our staff to complete the check-in process and obtain vital signs to ensure the patient is ready to be seen by their provider at their scheduled time.
- We set aside designated time for urgent and same day appointments. Please call as early as possible to obtain such an appointment when needed. If all same day appointments are filled, staff may direct you to an urgent care and/or the emergency room if necessary.
- If you are more than 15 minutes late to your scheduled appointment time, your appointment may need to be rescheduled to a different time and/or day to ensure other scheduled patients are seen in a timely manner.
- If you fail to keep your appointment and/or do not notify the office *by phone* at least 24 hours in advance of your scheduled appointment time you will be required to pay a No-Show fee of \$50.00 for office visits or \$25.00 for a nursing visit.
- If you no-show to 3 or more appointments within a 1-year period it will result in your being terminated from receiving patient care from our office.
- Your chart must be prepared for your appointment at least 24 hours in advance of the scheduled date and time or it will be cancelled. Our staff will try to reach you beginning 3-4 days prior to your scheduled visit to complete this.
   Chart prep includes:
  - confirming the appointment date, time, and location
  - ♣ reviewing all medications and allergies, which includes dosage and how often taken
  - conducting necessary screenings
  - updating medical history, which includes vaccinations, and outside procedures
- All visits require screenings that are billed to your insurance. These screenings are usually not covered by insurance but are required. Our office will not charge you for any screening codes that insurance does not cover.

### **OFFICE POLICIES**

### **Appointments (continued):**

- Annual wellness visits (for patients 15 months and younger the first 6 visits) include getting medical history, measurements, reviewing health risks by age/behaviors and other factors, health screenings/orders, immunizations and the provider making a personalized prevention plan to maintain your health. These visits do not include any discussion or treatment for new medical problems. Any items outside of these guidelines discussed during a wellness visit will be charged and covered according to your insurance's coverage guidelines. These visits require us to ask for updated forms about your health that are to be updated annually or you can schedule another appointment to review these additional items with your provider.
- Preventative care is part of treating the patient as a whole. It helps your provider with
  early detection of changes in your health and helps to monitor your health over a period
  of recommended time. Examples would be laboratory studies, diagnostic
  imaging/procedures. If you are continually non-compliant with your providers
  recommendations to access and monitor your health, it may result in you being
  terminated from receiving patient care from our office.

### **Prescriptions:**

- On your visit to establish care, or when initially prescribed, our office will send your prescriptions to your pharmacy.
- For prescription refills you will need to contact your pharmacy and they will send our
  office an electronic request. Please note requests can take up to 48 business hours to
  process.
- Notify the office of any change to your pharmacy information to ensure medications and supplies are sent to the correct facility.

### **Behavior:**

- We do not tolerate rude or disrespectful behavior toward our staff or other patients, such as yelling and/or the use of profanity. Anyone behaving in such a manner will be asked to leave the office.
- Failure to comply and/or repeated incidents may result in termination of patient care from our office.
- You are encouraged to discuss your health concerns and review any questions regarding your plan of care with your provider. However, repeated non-compliance with agreed upon plan of care recommendations may result in termination of patient care.

### **OFFICE POLICIES**

### Forms and Medical Records Charges:

- If you would like a copy of your medical records, you can access them online without charge through the patient portal found online at AtigaFamilyPractice.com.
- If you need our office to print out your medical records, there is an administrative and supply fee of \$25 and your records will be made available to you within 15 business days.
- Forms that the provider fills out at your request such as disability, utility company, school/work physical forms, etc. are subject to a \$25 administrative and supply fee.
   Please allow up to 3 business days for completed forms to be made available to you.

### **After Hours:**

If you need to be seen outside of our office hours you may go to the local emergency department or urgent care facility. You can also call our office and follow the prompts given in the message or visit our website, AtigaFamilyPractice.com, and go to the "About" tab to find "After Hours Instructions". Please only call the on-call doctor for advice <u>on urgent matters</u> only, the on-call doctor will not do prescription refills.

	/	/
Patient Name	DOB	Patient or Authorized Representative Signature/ Date

### PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. (Please request a copy from our staff or visit Atiga Family Practice.com, go to "Patients" tab and select "Forms" to download/view the "HIPPA NOTICE OF PRIVACY PRACTICES". A copy of this signed, dated document shall be as effective as the original.

Patients Name	DOB
Patient or Authorized Representatives Signature	Date
If Other Than Patient, Name of Person Signing	Relation to patient
<ul> <li>I authorize contact from this office to confirm my apporting the contact information provided on my registration for</li> </ul>	
I choose to opt out of receiving confirmation notice	es ()
I authorize contact from this office to be informed abo new health information via the e-mail address provide	
I choose to opt out of receiving promotional and he	alth information notices ()
In signing this HIPAA Patient Acknowledgement Form, you acknowle products or services to promote your improved health. This office m these affiliated companies. We, under current HIPAA Omnibus Rule, and consent.	ay or may not receive third party remuneration from
Office Use Only	
As Privacy Officer, I have entered into patients electronic health record the	eir preferred choices or
I attempted to obtain the patient's (or representatives) because:	signature on this Acknowledgement but did not
<pre> It was emergency treatment, and I could not co  The patient refused to sign</pre>	mmunicate with the patient
The patient was unable to sign because Other (please describe)	
	Signature of Privacy Officer

# AB-1278 Physicians and surgeons: payments: disclosure: notice.

The Open Payments database is a federal tool used to search payments made by drug and device companies to physicians and teaching hospitals. It can be found at **openpaymentsdata.cms.gov**.

### **Assembly Bill No. 1278**

#### **CHAPTER 750**

An act to add Article 6.5 (commencing with Section 660) to Chapter 1 of Division 2 of the Business and Professions Code, relating to healing arts.

[Approved by Governor September 29, 2022. Filed with Secretary of State September 29, 2022.]

Legislative Counsel's Digest

AB 1278, Nazarian. Physicians and surgeons: payments: disclosure: notice.

Existing law, the Medical Practice Act, establishes the Medical Board of California within the Department of Consumer Affairs and sets forth its powers and duties relating to the licensure and regulation of physicians and surgeons. Existing law establishes the Osteopathic Medical Board of California within the department and sets forth its powers and duties relating to the licensure and regulation of osteopathic physicians and surgeons.

Existing federal law known as the Open Payments program requires, among other things, applicable manufacturers of drugs, devices, and biological or medical supplies to annually report to the federal Secretary of Health and Human Services certain payments and other transfers of value made to covered recipients, as defined. The federal Centers for Medicare and Medicaid Services makes this Open Payments data available to the public via a federal government internet website.

Existing law, the Sherman Food, Drug, and Cosmetic Law, regulates the packaging, labeling, and advertising of drugs and devices, and is administered by the State Department of Public Health. That existing law specifically regulates drug marketing practices and requires a pharmaceutical company to adopt and update a program that includes policies on interactions with health care professionals and limits on gifts and incentives to medical or health professionals, as defined. Existing law requires each pharmaceutical company to establish in its program a specific annual dollar limit on gifts, promotional materials, or items or activities that the pharmaceutical company may give or otherwise provide to an individual medical or health care professional, with certain exemptions.

This bill would require a physician and surgeon, defined to include a physician and surgeon licensed pursuant to the Medical Practice Act or an osteopathic physician and surgeon licensed by the Osteopathic Medical Board of California under the Osteopathic Act, to provide to a patient at the initial office visit a written or electronic notice of the Open Payments database, as prescribed.

This bill would require a physician and surgeon to post an Open Payments database notice, as described, in each location where the licensee practices 91 and in an area that is likely to be seen by all persons who enter the office. The bill would, beginning January 1, 2024, require a physician and surgeon to conspicuously post the same Open Payments database notice on the internet website used for the physician and surgeon's practice, if such a website is used, except as provided. If the physician and surgeon is employed by a health care employer, the bill would instead require the health care employer to comply with these posting requirements.

This bill would define other terms for its purposes. A violation of the bill's provisions would constitute unprofessional conduct. The bill would specify that these provisions do not apply to a physician and surgeon working in a hospital emergency room.

The people of the State of California do enact as follows:

SECTION 1. Article 6.5 (commencing with Section 660) is added to Chapter 1 of Division 2 of the Business and Professions Code, to read:

Article 6.5. Open Payments Database Notices

- 660. For purposes of this article, all of the following definitions apply:
  - (a) "Drug or device company" means a manufacturer, developer, or distributor of pharmaceutical drugs or any device used in the context of the physician and surgeon's or osteopathic physician and surgeon's practice.
  - (b) "Health care employer" means an employer that provides health care services and that employs a physician and surgeon or an osteopathic physician and surgeon.
  - (c) "Open Payments database" means the database created to allow the public to search for data provided pursuant to Section 1320a-7h of Title 42 of the United States Code and that is maintained by the federal Centers for Medicare and Medicaid Services.
  - (d) "Physician and surgeon" includes a physician and surgeon licensed pursuant to the Medical Practice Act (Chapter 5 (commencing with Section 2000)) or an osteopathic physician and surgeon licensed by the Osteopathic Medical Board of California under the Osteopathic Act.
- 661. (a) A physician and surgeon shall provide to each patient at the initial office visit a written or electronic notice of the Open Payments database. The written notice shall include a signature from the patient or a patient representative and the date of signature.
  - (b) The written or electronic notice shall contain the following text: "The Open Payments database is a federal tool used to search payments made by drug and device companies to physicians and teaching hospitals. It can be found at https://openpaymentsdata.cms.gov."
  - (c) A physician and surgeon shall include in the electronic records for the patient a record of the notice pursuant to this section.
  - (d) If a physician and surgeon does not maintain electronic records, the physician and surgeon shall include the notice pursuant to this section in the written records. (e) A physician and surgeon shall give to the patient or patient representative a copy of the signed and dated notice.
- 663. (a) (1) Notwithstanding any law, except as provided in subdivision (c), a physician and surgeon shall post in each location where the physician and surgeon practices, in an area that is likely to be seen by all persons who enter the office, an Open Payments database notice.
  - (2) The Open Payments database notice described in paragraph (1) shall include both of the following:
  - (A) An internet website link to the Open Payments database.
  - (B) The following text:
  - "For informational purposes only, a link to the federal Centers for Medicare and Medicaid Services (CMS) Open Payments web page is provided here. The federal Physician Payments Sunshine Act requires that detailed information about payment and other payments of value worth over ten dollars (\$10) from manufacturers of drugs, medical devices, and biologics to physicians and teaching hospitals be made available to the public."
  - (b) Beginning January 1, 2024, if an internet website is used for a physician and surgeon's practice, then the physician and surgeon shall conspicuously post the Open Payments database notice described in subdivision (a) on that internet website, except as otherwise authorized under subdivision (c).
  - (c) Notwithstanding subdivisions (a) and (b), if a physician and surgeon subject to this section is employed by a health care employer, the health care employer shall be responsible for meeting the requirements of this section.
  - (d) A posting required by this section may be placed within the same notice posted by the physician and surgeon in accordance with Section 138 or 2026.
- 664. A violation of this article shall constitute unprofessional conduct.
- 665. This article does not apply to a physician and surgeon working in a hospital emergency room.

Patient Name:	DOB:	Date signed:

### TELEHEALTH POLICY IMPLEMENTATION

(Telehealth includes telemedicine, or any other name given for an appointment that is via audio, video, phone, and/or computer vs being physically present in the office)

- 1. I agree to receive health care services via telehealth. I understand that:
  - a. I have the right to access Medi-Cal covered services, and all other insurances contracted with Atiga Family Practice, through an in-person, face-to-face visit or through telehealth.
  - b. The use of telehealth is voluntary, and I may withdraw my consent to, or stop receiving services through telehealth at any time without affecting my ability to access covered services in the future.
  - c. For Medi-Cal patients: Medi-Cal provides coverage for transportation services to in-person services when other resources have been reasonably exhausted.
  - d. There may be limitations or risks related to receiving services through telehealth as compared to an in-person visit.
- 2. I understand that if I choose to have my medical appointment through telehealth that it is Atiga Family Practices' office policy that my chart be prepared by their office staff no later than twenty-four business hours prior to my scheduled appointment time. If I do not complete the chart prep when called by the office, return a call to the office to complete the chart prep, or decline to give vital signs, review medications or other needed information to office staff within this time my appointment can be cancelled, and I will be asked to reschedule.
- 3. I understand that for safety issues I cannot be driving during my telelehealth visit. If it is determined that I am operating a motor vehicle, my provider can end the appointment immediately and I will need to contact the office to reschedule my appointment and my telehealth appointment and chart preparation time completed will be billed accordingly.
- 4. I have read this document carefully, understand the potential limitations and risks of receiving services via telehealth, and have had my questions answered to my satisfaction.

If you have a copayment or are a cash pay patient payments can be made ahead of your scheduled appointment by:

- \* Calling the office with your payment information
- \* Going online through to patient portal under "My Account" and "Current Statement"
- \* Paying in office

* Mailing payment to:	Atiga Family Practice: Billing
	25405 Hancock Ave, Ste 105
	Murrieta CA 92562

Patients Name:	DOB:
Patients Signature:	
If other than patient, name of the person signing:	
Relation to patient:	

#### PHYSICIAN-PATIENT ARBITRATION AGREEMENT

Article 1: **Agreement to Arbitrate**: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review or arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided on a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: **All Claims Must be Arbitrated**: It is the intention of the parties that this agreement bind all parties whose claims may arise out of or related to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether bron or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any if them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

Article 3: **Procedures and Applicable Law**: A demand for arbitration must communicate in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, nit supplant, any other applicable statutory or common law.

Either party shall have the absolute right ti arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Section 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrations a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure section 1283.05, however, depositions may be taken without prior approval of the neutral arbitrator.

Article 4: **General Provisions**: All claims based upon the same incident, transaction or related circumstances shall be arbitrated in once proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

Article 5: **Revocation**: This agreement may be revoked by written notice delivered to the physician within 30 days, or signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

Article 6: **Retroactive Effect**: If patient intends this agreement to cover services rendered before the date it is signed, patient should initial: Effective as of the date of first medical services rendered.

If any provision if this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

		Patient's or Patient Representative's Signature	(Date)	
Ву:		·		
Physician's Signature or Authorized Representative's	(Date)	By: Print Patient's Name	(DOB)	
Atiga Family Practice aka Rolando A Atiga MD, A Professional Corp.		(If Representative, Print Name and Relationship to	o Patient)	

A signed copy of this document is to be given to patient. Original is to be filed in Patient's medical records.

### CONSENT TO RELEASE PROTECTED HEALTH INFORMATION TO OTHERS

Patients Name:	DOB:
Laive permission for Atiga Family Practice to previde re-	w personal health information checked below
I give permission for Atiga Family Practice to provide m	y personal health information checked below
Scheduling/Appointment information	
Medical information, including symptoms, diagnos	is, medications, and treatment plan
Health information, including symptoms, diagnosis (* items below must be checked, or this information  Substance abuse  Behavioral hea	on cannot be given);
Lab/Test results	
Billing and payment information	
All health information (* Protected health information	tion items must be checked to give this information)
to the below named individuals/companies:	
Name:	Relation to patient:
Authorization expires one year from the date of signature Alternate date of expiration:	ure unless an alternate date is given.
security number, insurance information, demogration de	elease my personal information, to include photo identification, social graphics and medical history and treatment to others except in those ermitted or required by law to release this information. For example, information to other health care providers, health plans, governmental Additionally, I understand that Atiga Family Practice is required by law partment of Public Health such as seizures, cancer, and the diagnosis of effect until the date stated above or until such time as I revoke it in evoke the validity of this specific agreement).
Patient/Authorized Representative Signature	Date Date Date Date Date Date Date Date
If other than patient signing, state relationship:	(12/03/21)

### **AUTHORIZATION TO OBTAIN INFORMATION FROM OUTSIDE HEALTH CARE PROVIDERS**

This authorization allows the healthcare provider(s) named below to release confidential medical information and records regarding my medical history, illness or injury, consultation, prescriptions, treatment, diagnosis, or prognosis, including x-rays, correspondence and/or medical records by means of mail, fax, or other electronic methods to:

### ATIGA FAMILY PRACTICE

Fax: 877-254-0566

25405 Hancock Ave, Suite 105 29826 Haun Rd, Suite 314

Murrieta, Ca 92562 Menifee, Ca 92586 Ph: 951-695-4688 Ph: 951-381-8150

The medical information/records are being requested f	for the purpose of cor	ntinuity of patient care.
I hereby authorize:		
FROM Physician/Healthcare Facility		Phone Number
To release the below indicated medical information:		
<ul> <li>Unlimited (all records, excluding Substance Abmarked below)</li> <li>Limited to the following:</li> </ul>		
I also consent to the specific release of the following r Note: Information and records regarding treatment of alcohol/substance abuse have special rules that	of minors, HIV, psych	
<ul><li>Drug/ Alcohol/Substance Abuse</li><li>Psychiatric/Mental Health</li></ul>	) HIV/AIDS Dia	
DURATION: This authorization shall be effective imn of signature below or until:	nediately and remain	in effect for one year from the date
RESTRICTIONS: Permissions for future use or disclosure of this medica is obtained from me or unless such a disclosure is spec	•	
A photocopy of this facsimile for authorization shall be	e considered as effec	tive and valid as the original.
I have been advised of my right to receive a copy of th	is authorization.	
Signature of Patient or legal/personal representative	Date	Relationship if other than patient

DOB

Patients Name (PRINT)

(12/03/21)

# **ADVANCE HEALTHCARE DIRECTIVE STATUS**

Patient Name:	
Please check all that apply:	
( ) I have previously completed an Advance Hea inclusion into my health records. <i>S</i>	alth Care Directive and have provided a copy for staff who scanned documents:
	alth Care Directive which is on file with:  Ind I give them permission to release a copy of this  Staff who requested records:
( ) I have previously executed an Advance Heal	th Care Directive but would like information/forms to Staff signature:
	e Directive and would like further information/forms  Staff signature:
	Health Care Directive and would like to discuss this  Provider signature:
( ) I have not previously executed an Advance F further information at this time.	Health Care Directive and am not interested in receiving any
I acknowledge that the provider or staff member has pro Directive and that:	ovided me with information concerning an Advance Health Care
<ol> <li>I have been informed of my right to formulate and an advance Health Care Directives.</li> <li>I am aware that an Advance Health Care Directive a. A Durable Power of Attorney for Health b. The "Declaration" in A Natural Death Actor. I may write down my wishes on a piece of the control of t</li></ol>	de this office with documents that are required to carry out my ve may be included within any of the following:  Care.  t. (Ex: Living Will)  of paper that my family may use in deciding my medical e unable to do so. I understand that this paper must be
Patient or Authorized Representative signature:  If other than patient signing. Name and Relation to pat	

PATIENT NAME/ Nombre del paciente:			DOB/ Fecha de nacimiento:	
		DICATIONS/MEDICAME	-	
**Please list A Por favor, enumere TOD	=	_	the counter and suppler	
Name/ el nombre	Dose/ la dosis	How often/ con que frecuencia	Taking for/ Tomar para	Prescriber/ Prescriptor
			S A LA MEDICACIÓN	
Name of Medicine Nombre de la Medic		Type of	Reaction/ tip de reaccion	on
			O MÉDICO DURADER	
•	• •	•	x: CPAP, glucometer etc ejemplo: CPAP, glucóm	**

# Rolando A. Atiga, M.D. APC ATIGA FAMILY PRACTICE

www.AtigaFamilyPractice.com

25405 Hancock Avenue, Suite 105 Murrieta, California 92562 Phone: (951)695-4688

Fax: (877) 254-0566

29826 Haun Road, Suite 314 Menifee, California 92586 Phone: (951) 381-8150

Name:	DOB:	
со	NTROLLED SUBSTANCE MANAGE	EMENT AGREEMENT
for pain, insomnia, mental heacomply with the laws regardin	alth and/or weight management.	dings about certain medicines you will be taking This is to help both you and your provider his contract becomes effective if at any point ractice provider.
	_	t and confidence necessary in a provider/ o treat me based on this agreement.
medications. In this cas	se, my provider will taper off the r	will stop prescribing my controlled medications over a period of several days, as dependence program may be recommended.
and the effect/relief th		racter and intensity of my medical condition(s) ovider will assess the risk, benefit, and safety of ies, and efficacy.
requested by my provide controlled substance m	der, or if required by my pharmac	ng a minimum of 2 times per year, when cy, to determine my compliance with my nderstand that not all insurances cover the or part of the laboratory bill.
	n prescribed controlled substance	al, street, or recreational drugs. Any drug screenes and illicit substances will be considered a
I will not share, sell, or t	trade my medications with anyon	ne.
medications, controlled	,	controlled medication, including opioid pain cations from any other provider that is not ontract formed with a specialist.
I will safeguard my cont	crolled medications from loss or th	heft. Lost or stolen medications will not be

Name:	DOB:		
 	·	ptions will be made only at the ffice policy. <b>No refills will be ave</b>	
but the refill will be sent of	or prescription ready for pic s on a weekend the prescrip	days prior to the date of the nex k up the date that the medication will be sent or the prescrip	on is due to be
I understand that I must h	nave an office visit prior to a	iny medication changes.	
follow ups at least every	3 months, or sooner if my p	eeping appointments for controprovider recommends, to be reconsider has re-evaluated me.	
enforcement agency, inc possible misuse, sale, or copy of this agreement to	luding this state's Board of other diversion of my pain i	ate fully with any city, state, or for the state, or formacy, in the investigation conditions. I authorize my providualize any applicable or right of providualized and applicable or right of providualized.	of any er to provide a
number of times per day	-	scribed. I am NOT allowed to ch doing so will result in my being olation of this contract.	_
 		y explained to me. All of my que and <b>a copy of this document ha</b>	
I understand that ANY ded discharge me from the p		ditions can be grounds for the p	rovider to
nsequence of not signing this ntrolled substances for you.	contract are that providers	of Atiga Family Practice will not	prescribe any
_	reement is effective on (too	lay's date): g prescribed controlled medicat	tions.
Patient Signature	¢	Date:	
Physician/Provider Sig	gnature:	Date:	

# PLEASE COMPLETE THE PHQ-9 AND GAD-7

Patient Name: DC		OB:	Date o	Date of Referral:	
	last two weeks how often have you been bothered llowing problems?	<b>0</b> Not at all	<b>1</b> Several Days	<b>2</b> More than half the days	<b>3</b> Nearly every day
Α	Little interest or pleasure in doing things				
В	Feeling down, depressed, or hopeless				
С	Trouble falling or staying asleep, sleeping too much				
D	Feeling tired or having little energy				
Е	Poor appetite or overeating				
F	Feeling bad about yourself – or that you are a failure or have let yourself or your family down				
G	Trouble concentrating on things, such as reading the newspaper or watching television				
Н	Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual				
I	Thoughts that you would be better off dead or of hurting yourself in some way				
Severity Score	$\begin{array}{lll} \mbox{Mild depression} & = & 5-10 \\ \mbox{Moderate depression} & = & 10-18 \\ \mbox{Severe depression} & = & 19-27 \end{array}$	Total Score:			
	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?	Not difficult at all	Somewhat difficult	•	Extremely difficult
	last two weeks how often have you been bothered llowing problems?	<b>0</b> Not at all	<b>1</b> Several Days	<b>2</b> Over than half the days	<b>3</b> Nearly every day
Feeling n	ervous, anxious, or on edge				
Not being	g able to stop or control worrying				
Worrying	too much about different things				
Trouble r	elaxing				
Being so	restless that it's hard to sit still				
Becoming easily annoyed or irritable					
Feeling afraid as if something awful might happen					
Total Sco	ore (add your column scores)				
problems	ecked off any problems, how difficult have these made it for you to do your work, take care of things at get along with other people?	Not difficult at all	Somewhat difficult	•	Extremely
Provid Date:	ers signature:				

NAME:
-------

DOB:	

# **Adverse Childhood Experience Questionnaire for Adults**

California Surgeon General's Clinical Advisory Committee



Our relationships and experiences—even those in childhood—can affect our health and well-being. Difficult childhood experiences are very common. Please tell us whether you have had any of the experiences listed below, as they may be affecting your health today or may affect your health in the future. This information will help you and your provider better understand how to work together to support your health and well-being.

<b>Instructions:</b> Below is a list of 10 categories of Adverse Childhood Experiences (ACEs). From the list below, please place a checkmark next to each ACE category that you experienced prior to your 18 <sup>th</sup> birthday. Then, please add up the number of categories of ACEs you experienced and put the <i>total number</i> at the bottom.	
Did you feel that you didn't have enough to eat, had to wear dirty clothes, or had no one to protect or take care of you?	
Did you lose a parent through divorce, abandonment, death, or other reason?	
Did you live with anyone who was depressed, mentally ill, or attempted suicide?	
Did you live with anyone who had a problem with drinking or using drugs, including prescription drugs?	
Did your parents or adults in your home ever hit, punch, beat, or threaten to harm each other?	
Did you live with anyone who went to jail or prison?	
Did a parent or adult in your home ever swear at you, insult you, or put you down?	
Did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way?	
Did you feel that no one in your family loved you or thought you were special?	
Did you experience unwanted sexual contact (such as fondling or oral/anal/vaginal intercourse/penetration)?	
Your ACE score is the total number of checked responses	
Do you believe that these experiences have affected your health?  Not Much  Some	OA Lot
Experiences in childhood are just one part of a person's life story.	

There are many ways to heal throughout one's life.

Please let us know if you have questions about privacy or confidentiality.

Provider Signature: \_\_\_\_\_

### **ADULT HEALTH HISTORY**

Name/Nombre:	Age/Edad:	DOB/Fecha de nacimiento:	Today's Date/Fecha:

### Past Medical Diagnosis/Diagnóstico médico anterior:

Place a check mark next to those you have currently or have had or check none/

Coloque una marca de verificación junto a las que tiene actualmente o que no ha tenido o marque ninguna

### None/Ninguno O

1401	ic/Willgario O
	Alcohol or Substance Abuse/
	Abuso de alcohol o sustancias
	Anemia
	Anxiety/ Ansiedad
	Arthritis/ Arthritis
	Asthma/ Asma
	Blood transfusion/ Transfusion de sangre
	Benign Prostatic Hypertrophy (BPH)/ Prostática
	benigna
	Cancer
	Cataracts/ Cataratas
	Chickenpox/ Varicela
	Congestive Heart Failure (CHF)/ Insuficiencia cardiaca
	COPD (lung disease)/ Enfermedad pulmonar
	Depression/ Depression
	Diabetes
	GERD (heartburn)/ Reflujo ácido
	Glaucoma
	Headaches/ Dolores de cabeza
	Heart disease/ Cardiopatía
	Heart attack/ Infarto de miocardio
	han Hist / Otana History

HIV or AIDS/ VIH o SIDA
High cholesterol/ Cholesterol alto
High blood pressure (HTN)/ Hipertensión
Hypo or Hyperthyroidism/ Hipo o hipertiroidismo
Gastrointestinal disease/ Enfermedad gastrointestina
Kidney disease/ Enfermedades renales
Liver disease/ Enfermedad del higado
Measles/ Sarampión
Mental Illness/ Enfermedad mental
Mumps/ Paperas
Nerve or Muscle disease/
Enfermedad de los nervios o músculos
Osteoporosis
Rheumatic fever/ Fiebre reumática
Seizures/ Convulsiones
Sexually Transmitted disease/ Enfermedades de
transmisión sexual
Sickle Cell disease/ Enfermedad de célula falciforme
Sleep Apnea/ Apnea del sueño
Stroke/ Carrera
Tuberculosis (TB)

Other (list)/ Otras (lista):

**Review of Systems:** Circle which symptoms you currently have or circle none

Revisión de sistemas: Encierre en un círculo los síntomas que tiene actualmente o rodear ninguno

General	Fever/ Fiebre Decreased energy/ Disminución de energía	None
	Loss of appetite/ Pérdida de apetito	
	Unintended weight loss or gain/ Pérdida o aumento de peso involuntario	
Head/ Cabeza	Headache/ Dolor de cabeza Injury/ Lesión	None
Eye/ Ojo	Visual change/ Cambio visual Discharge/ Descarga Redness/ Enrojecimiento	None
	Itching/ Picor Swelling/ Hinchazón	
Ear/ Oido	Difficulty hearing /Dificultad para oír Pain/Delor Discharge/ Descarga	None
Nose/ Nanz	Runny nose/ Nariz que moquea Congestion Bleeding/ Sangrado	None
Mouth/Throat/	Sore throat/ Dolor de garganta Difficulty swallowing/ Dificultad para tragar	None
Boca / Garganta	Dental problems/ Problemas dentales	
Lung/ Pulmones	Shortness of breath/ Dificultad para respirar Coughing/ Tosiendo	None
	Chest pain/ Dolor de pecho Wheezing/ Sibilancias Phlegm/ Flema	
Heart/ Corazon	Chest pain/ Dolor de pecho Feeling faint/ Sensación de desmayo	None
	Swelling of arms or legs/ Hinchazón de brazos o piernas	

NAME:	DOB:	
Stomach -Bowel/	Abdominal pain/ Dolor abdominal Nausea Vomiting/ Vomitando Diarrhea None	e
Estomago - Intestinos	Constipation/ Estreñimiento Bloating/ Hinchazón Blood in stool/ Sangre en las heces	
Genitourinary/	Painful urination/ Dolor al orinar Incontinence Discharge/ Descarga None	e
Gentiurinario	Feeling of incomplete bladder emptying/Sensación de vaciado incompleto de la vejiga	
	difficult to urinate/ dificultad para orinar blood in urine/ sangre en la orina	
Mental Health/ Salud	Mood changes/ Cambios de humor Nervousness/ Nerviosismo Tension None	e
mental	Unable to sleep/ Incapaz de dormir	
Musculoskeletal/	Pain/Dolor Swelling/ Hinchazón Change in skin color/ Cambio en el color de la piel None	e
Musculos - Huesos	Difficulty moving/ Dificultad para moverse Falls/ Caídas	
Neurologic/Nervious	Dizziness/ Mareo Weakness/ Debilidad None	e
Chin / Dial	Hands shaking/ Manos temblorosas Seizures/ Convulsiones	_
Skin/ Piel	Rash/Erupción Itching/Comezón Color change/ Cambio de color None	e
	Easy bruising or bleeding/ Fácil aparición de hematomas o sangrado  New mole/ Nuevo lunar Change in a mole/ Cambio en un lunar	
	New moley Nuevo lunar Change in a moley Cambio en un lunar	
Surgical History/ Hist	torial quirúrgico	
	xt to those you have had or check none/	
	verificación junto a las que ha tenido o marque ninguno None/Ninguno	
· 		
Appendectomy/ A		
	/ Cirugía bariátrica Hysterectomy/ Histerectomía	
Bladder Surgery/		
Brain Surgery/ Cir		
	/ (removal of gallbladder)/ Tubal ligation (tubes tied)/	
	extirpación de la vesícula biliar)  Ligadura de trompas	
Colon Surgery/ Ci		
Eye Surgery/ Ciru		
	□ Both/ Ambos	
Heart Surgery/ Ci	· ·	
	eparación de hernia  Men/ Hombres:	
	nt/ Reemplazo de la articulación Prostate Surgery/ Cirugía de próstata	
	Cirugía de la columna Vasectomy	
adenoidectomía	Adenoidectomy/ Tosilectomía o	
	/ Otras cirugías (lista):	
Other surgeries (list)/	Otrus cirugius (iistu).	
Vaccinations/ Vacuna	as: None/Ninguno O	
Vaccing	ne/Vacuna Last recieved/ Última fecha dada	
Covid-19	Last recieved/ Ortima recita dada	
Flu/ Gripe		
Pneumonia/ P		
Shingles/ Herp	·	
Tetanus/ Tétar	inos	
Screenings and date I	last completed/ Proyecciones o fecha de finalización por última vez	
Eye exam/ Examen de la		
•	studio de densidad ósea:	
None/Ninguno O		

NAME:				_ DC	DB:	_	
Family History / H	iakawia fawailia						
Family History/ Hi Place a check in the			ue or had the nrohl	em listed/			
			•		on el problema en la lista		
·	·				·		
Adopted or unknown family history/ Antecedentes familiares adoptados o desconocidos							
	Diabetes	Hypertension	Heart Disease/	Stroke/	Mental Illness/	Cancer	
Mother/Mamá			Cardiopatía	Carrera	Enfermedad mental		
Father/Padre							
Child/							
Niñas o niños							
Grandparent/							
Abuela o abuelo							
Aunt or Uncle/							
Tía o tio							
Unknown/							
Inseguro de							
Occupation/ Ocupa Years of education/ Housing/ Alojamien □ Liv	ción: Años de educa to: □ Homele □ RV/ Vel □ Skilled I re alone/ Vivir s ildren living wit	ss/ Sin hogar	partment or Condo	o □ Mobile □ Assiste □ Resident Vivir con fan	d living/ Vida asistida ial care/ Atención residen niliares o amigos		
□ Yes, Hov Wh	/ Sí □ No w often? / ¿Con at do you use?	n qué frecuencia _ / ¿Que usas?			nes que no sean médicos?		
Hav	ve you ever inje	ected drugs? / ¿Alg	guna vez te has iny	ectado drog	as? □ Yes/Sí □ No		
Check one of th  ☐ Never smoked –	_	•	•	_	tes opciones sobre produc ón	tos de tabaco:	
☐ Former Smoker -	– answer helow	/ guestions/ Fy fun	nador: resnonda la	as signientes	nreguntas		
					e la última vez que fumó?		
_	•		1 -3 months/ mese		· ·		
☐ 6-12 moi	nths/ meses	□ 1-5 years/ años	$\square$ 5-10 years/ añ	ios 🗆 Over	10 years/ Mas de 10 años		
How many cigarette			_	naba al día?			
How long did you sr	noke?/¿Cuánt	to tiempo tumaste	<b>:</b>				

NAME:		_ DOB:
Current smoker - a	nswer the below questions/ Actual fumador: respond	la las siguientes preguntas
How soon after wa	ıking do you smoke? / ¿Qué tan pronto después de de	espertar fuma?
	nutes/ En 5 minutos 🗆 6-30 minutes/ minutos 🗆 3	30-60 minutes/ minutos
	ur/ Mas de una hora	
	tes per day do you smoke? / ¿Cuántos cigarrillos fuma	
• •	u start smoking? / ¿A qué edad empezaste a fumar? _	
Are you ready or co	onsidering quitting? / ¿Estás listo o considerando deja	r de fumar? □ Yes/ Sí □ No
	ew tobacco/ Masticar tabaco $\qed$ Smoke cigars/ Fumbacco pipe/ Fumar una pipa de tabaco $\qed$ Vape	
<b>Alcohol</b> Do you ever drink ald	cohol? / ¿Bebes alcohol alguna vez?	
□ Vos. sompl	late all questions / Sí completer todas las proguntas	
•	lete all questions / Sí – completar todas las preguntas next section/ pasar a la siguiente sección	
	ach of the below items how much you drink each wee	
Indique para cada u	no de los siguientes elementos cuánto bebe cada sem	nana:
Glasses of win	e/ Vasos de vino: Can or bottles of beer/ Lata	o botellas de cerveza:
Shots of liquor,	/ Tragos de licor: Mixed alcoholic drinks/ Beb	idas alcohólicas mixtas:
Sexual Activity/ Activ	vidad sexual:	
•	the past 12 months? / ¿Ha tenido relaciones sexuales	en los últimos 12 meses?
	☐ No- skip to next section/ pasar a la siguiente secció	
	Nomen only/ Mujeres $\Box$ Men only/Hombres $\Box$ B	
	partner only/ Uno socio	
	th control? / ¿Usas anticonceptivos?   □ Yes/ Sí   □	•
•	pe?/ Si es así, ¿de qué tipo? ☐ Condoms/ Condones	
• • • • • • • • • • • • • • • • • • • •	IU □ Implant □ Shot/ Inyección □ Vaginal ring/	•
□ Withdra	aw/ Retirar   Other (list)/ Otra (lista):	
Do you have a	new sexual partner? / ¿Tienes una nueva pareja sexua	al? 🗆 Yes/ Sí 🗆 No
Excercise/ Ejercicio:		
• •	nany times per week do you engage in moderate to sti	renuous physical activity?
	ántas veces a la semana realiza una actividad física de	
☐ Never/ Nunca	$\square$ 1-2 days/ dias $\square$ 3-4 days/ dias $\square$ 5-6 days/ d	lias   Every day/ Diario
Safety/ Seguridad:		
Do you need assistance	e with any of the following? / ¿Necesita ayuda con alg	uno de los siguientes?
_	años $\square$ Dressing/ Vendaje $\square$ Eating/ Comiend	lo
☐ Getting from	m bed to chair/ Ir de la cama a la silla $\qed$ Toileting	g/ Aseo
	nd/or bowel incontinence? / ¿Tiene incontinencia urin	
		Cane/Caña   Walker/ Caminante
	/Silla de ruedas ☐ Scooter ☐ Hospital bed/	•
□ Nighttime b	preathing device/ Dispositivo de respiración nocturna	□ Oxygen/ Oxígeno
Patient Signature/ Firm	na del paciente	
	ma del proveedor	

# **NEW PATIENT TUBERCULOSIS (TB) RISK ASSESSMENT**

Date/Fecha:						
Patient Name/	DOB/					
Nombre del paciente:	Fecha de nacimiento:					
Do you have a history of positive TB test or TB disease? ¿Tiene antecedentes de prueba de TB positiva o enfermedad de TB?	( )Yes/ Sí   ( )No					
If yes/En caso afirmación,  Have you had a chest x-ray in the last 6 months? /  ¿Se ha hecho una radiografía de tórax en los últimos 6 meses?	( ) Yes/ Sí ( ) No					
Did you receive treatment? / ¿Recibió tratamiento?	( ) Yes/Sí ( ) No					
<ol> <li>Are you experiencing any signs and symptoms of TB?         (prolonged cough, coughing up blood, fever, night sweats, weightig experimentando algún signo y síntoma de TB?         (tos prolongada, tos con sangre, fiebre, sudores nocturnos, pérd</li> </ol>						
2. Have you had close contact with someone who has TB? / ¿Ha tenido contacto cercano con alguien que tiene un diagnóstico	( ) Yes/ Sí ( ) No					
confirmado o sospechoso de TB?  3. Are you from Asia, Africa, Central America, or South America? / ¿Eres de Asia, África, América Central o América del Sur?	( ) Yes/ Sí ( ) No					
<ul><li>4. Do you live in a facility (nursing home, rehab)? / ¿Vives en un centro (residencia de ancianos, rehabilitación)?</li><li>5. Have you traveled to an area of high TB prevalence?</li></ul>	( ) Yes/ Sí ( ) No					
(Asia, Africa, Central or South America) / ¿Ha viajado a un área de alta prevalencia de TB? (Asia, África,	( ) Yes/Sí ( ) No América Central o del Sur)					
6. Have you or anyone you live with been incarcerated in the last 5 ¿Usted o alguien con quien vive ha estado encarcelado en los últ						
7. Do you live with, or are you frequently exposed to anyone who	is homeless, a migrant farm worker, user of street					
drugs or a resident in a facility? /	( ) Yes/ Sí ( ) No					
¿Vive con, o está frecuentemente expuesto a cualquier persona si drogas callejeras o residente en una instalación?	in hogar, un trabajador agrícola migrante, usuario de					
You may be at increased risk for TB if you answered YES to any of the a should have a yearly TB test. Testing can be done by either skin test o should be followed by a CXR./ Usted puede estar en mayor riesgo de TB si respondió SÍ a cualquier	or blood work. A positive test for either of these					
mayor riesgo de TB deben hacerse una prueba anual de TB. Las prupiel o un análisis de sangre. Una prueba positiva para cualquiera de tórax.	uebas se pueden realizar mediante un análisis de					
Date of last TB screening / Date de la última prueba de detección de la tu  ( ) Unknown/ Desconocido ( ) No previo	ous testing/ Sin pruebas previas					
Last screening done by/ Última evaluación realizada por:  ( ) PPD skin test/ prueba cutánea ( ) Chest X-Ray/ radiografía de tór	ax () Blood draw/ Extracción de sangre					
Results were / Los resultados fueron : ( ) Positive / Positivo ( ) Negative / Negativo						

# **Staying Healthy Assessment**

# Senior

Patient's Name (first & last)		Date of Birth	☐ Female		Today's Date	
		☐ Male				
Person Completing Form (if patient needs help)		Family Member Fri	Member Friend Other		Need help with form?	
					Yes No	
	se answer all the questions on this form as				Need Interpreter?	
answer or do not wish to answer. Be sure to talk to the doctor if you have qu					-	☐ Yes ☐ No
any	thing on this form. Your answers will be pro		icai reco	ra.		Clinic Use Only:  Nutrition
1	Do you drink or eat 3 servings of calcium-rich foods daily, such as milk, cheese, yogurt, soy milk, or tofu?			No	Skip	Nutrition
2	Do you eat fruits and vegetables every of	lay?	Yes	No	Skip	
3	Do you limit the amount of fried food o	r fast food that you eat?	Yes	No	Skip	
4	Are you easily able to get enough health	ny food?	Yes	No	Skip	
5	Do you drink a soda, juice drink, sports or energy drink most days of the week?			Yes	Skip	
6				Yes	Skip	
7	Do you have difficulty chewing or swallowing?			Yes	Skip	
8	Are you concerned about your weight?			Yes	Skip	
9	Do you exercise or spend time doing activities, such as walking, gardening, or swimming for at least ½ hour a day?			No	Skip	Physical Activity
10	Do you feel safe where you live?			No	Skip	Safety
11	Do you often have trouble keeping track of your medicines?			Yes	Skip	
12	Are family members or friends worried about your driving?			Yes	Skip	
13	Have you had any car accidents lately?			Yes	Skip	
14	Do you sometimes fall and hurt yourself, or is it hard to get up?			Yes	Skip	
15	Have you been hit, slapped, kicked, or physically hurt by someone in the past year?			Yes	Skip	
16	Do you keep a gun in your house or place where you live?		No	Yes	Skip	
17	Do you brush and floss your teeth daily?		Yes	No	Skip	Dental Health
18	Do you often feel sad, hopeless, angry, or worried?			Yes	Skip	Mental Health
19	Do you often have trouble sleeping?			Yes	Skip	

State of California — Health and Human Services Agency Department of Health Care Services Name: DOB:

20	Do you or others think that you are having trouble remembering things?	No	Yes	Skip	
21	Do you smoke or chew tobacco?	No	Yes	Skip	Alcohol, Tobacco, Drug Use
22	Do friends or family members smoke in your house or where you live?	No	Yes	Skip	
23	In the past year, have you had 4 or more alcohol drinks in one day?	No	Yes	Skip	
24	Do you use any drugs or medicines to help you sleep, relax, calm down, feel better, or lose weight?	No	Yes	Skip	
25	Do you think you or your partner could have a sexually transmitted infection (STI), such as Chlamydia, Gonorrhea, genital warts, etc.?	No	Yes	Skip	Sexual Issues
26	Have you or your partner(s) had sex with other people in the past year?	No	Yes	Skip	
27	Have you or your partner(s) had sex without a condom in the past year?	No	Yes	Skip	
28	Have you ever been forced or pressured to have sex?	No	Yes	Skip	
29	Do you have someone to help you make decisions about your health and medical care?	Yes	No	Skip	Independent Living
30	Do you need help bathing, eating, walking, dressing, or using the bathroom?	No	Yes	Skip	
31	Do you have someone to call when you need help in an emergency?	Yes	No	Skip	
32	Do you have other questions or concerns about your health?	No	Yes	Skip	Other Questions

If wes nlease describe:

ij yes, pieuse uescribe.							
Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:		
Nutrition							
Physical activity							
Safety							
Dental Health							
☐ Mental Health							
Alcohol, Tobacco, Drug Use							
Sexual Issues							
☐ Independent Living					Patient Declined the SHA		
PCP's Signature: Print Name:			Date:				
SHA ANNUAL REVIEW							
PCP's Signature:	Date:						
PCP's Signature:	Date:						
i di 5 digilacare.	Dutc.						
PCP's Signature: Print Name:				Date:			
PCP's Signature:			Name:		Date:		